

4.9. Diary activity

Due to language understanding problems, it is difficult for ASD children to understand what, where and when they should do it. Individual agendas presented on the image (things, pictures, symbols) allow the children to understand what is waiting for them during the day. The agenda must be used continuously and systematically.

Aims:

- to help for the child to orient in time (what kind of activity and in what order they will take place on this day);
- to reduce the worry (the child knows what kind of activity, the day's events wait for him);
- to become more independent.
- It allows you to prepare your child to new activities (such as field trips, workshops, etc ..) outside of school by providing useful information to those not disorient and thus avoid disattative behavioral responses.
- It also allows to favor the structuring of memory and support the sharing of what has been done and also seen with others (eg. Parents)

1. Structuring through images the sequence of the activity, the people with whom to share the experience, the means of transport, the place to visit, etc.

You can use photos or drawings or images to crop to create the activity diary. Annex 4.9. EXAMPLES Activity diary and Trip diary.

2. The pictures of the agenda are arranged from top to bottom. Each vertical image sequence is for one child and the child's photo is tagged. The activity is marked by the child or with the help of an adult.



Other examples of use of agenda, schedule





