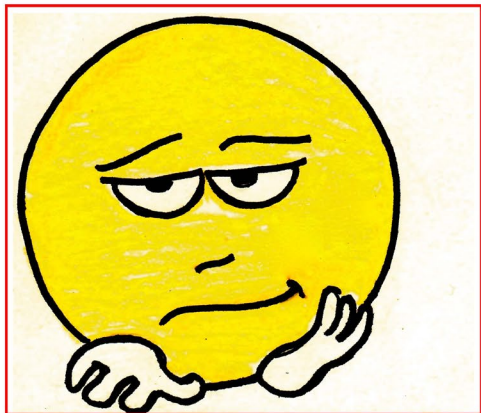


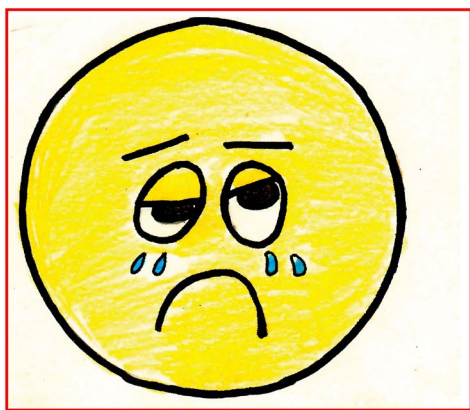
# 1. Емоционални карти и Емоционален часовник

2. инструменти за идентифициране и изразяване на емоциите. Средство за подпомагане на детето да комуникира със своето състояние на ума

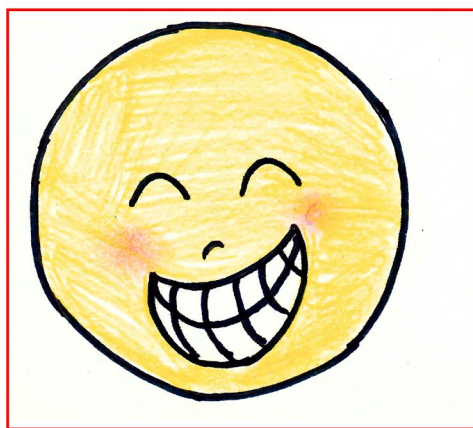
3. Пример



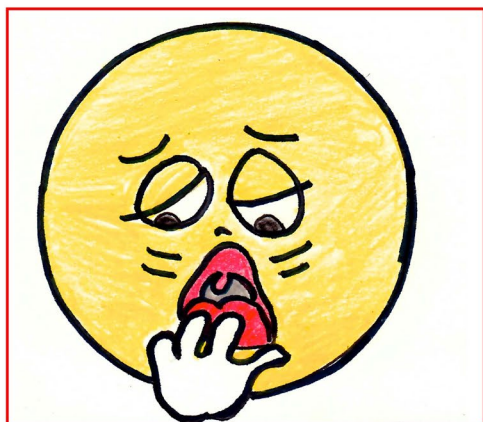
**BORED**



**SAD**



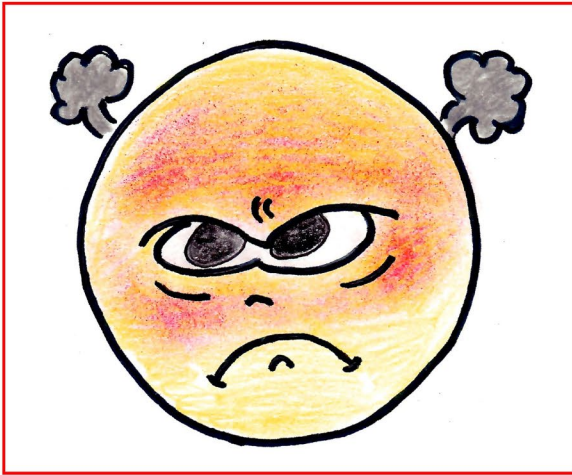
**HAPPY**



**TIRED**



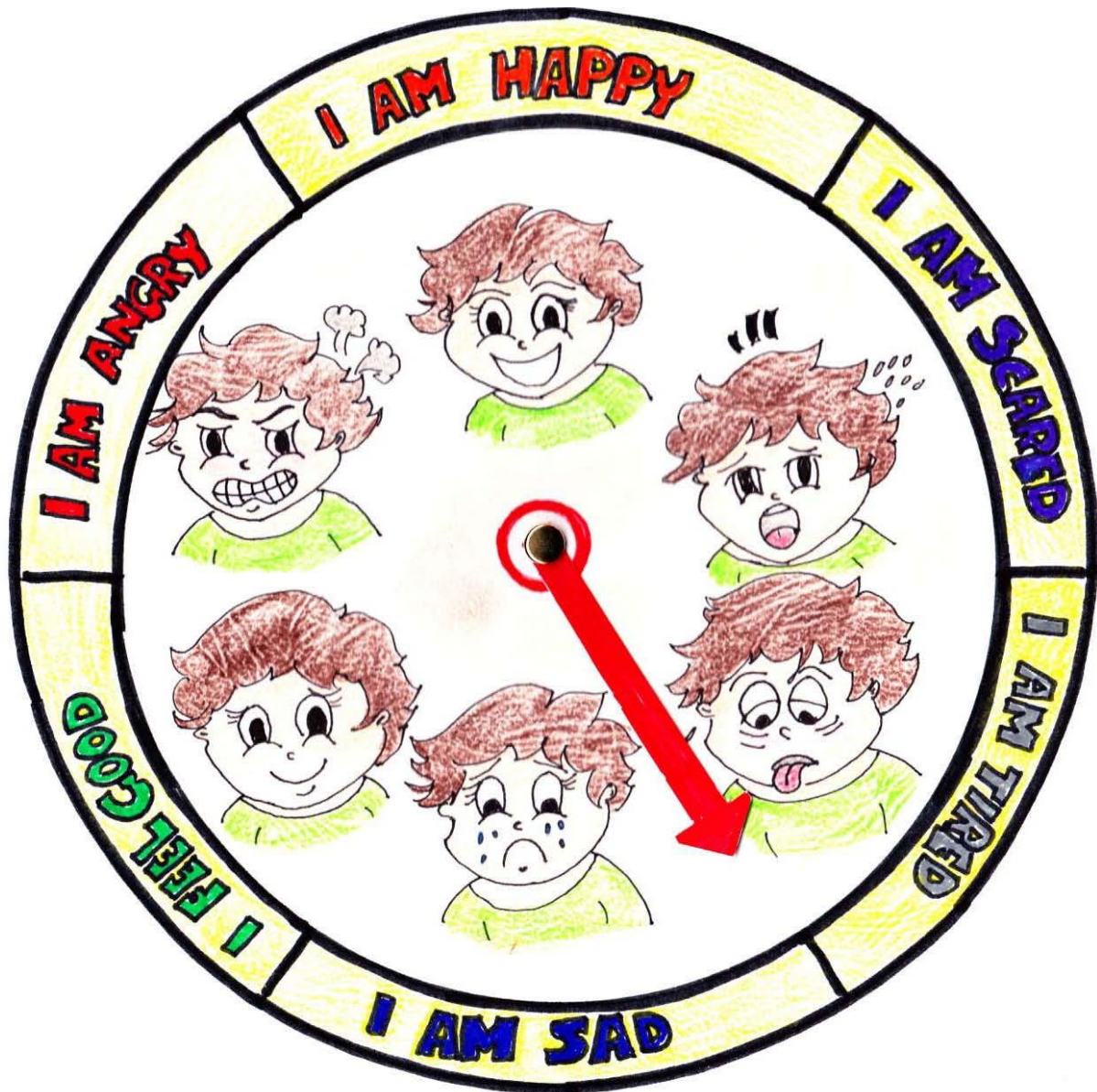
**DOUBTFUL**



**ANGRY**



**SCARED**



I AM HAPPY

I AM ANGRY

I AM SCARED

I AM TIRED

I AM SAD

I FEEL GOOD