

CARDS FOR COMMUNICATION, MANAGEMENT OF EMOTIONS AND BEHAVIOR

The tool is aimed at children with emotional and behavioral difficulties, autism spectrum disorders, and other special needs.

The aim is to help children to communicate with educators, parents, to manage emotions, behavior and to plan activities.

Cards are needed for communication, management of emotion and behavior (for self-control), planning of activities (schedules), organization of classes, and development of daily life skills.

When using cards, the child is taught to express his wishes and needs. The tools that are required for tasks are put into a binder in the sequence of tasks; the rewards are always set at the end. The pages of the binder must be the same color. The same procedures as in the card binder, the tools are placed on the table to do tasks according to the schedule: one after the other, from left to right.

During the activity, speak with the child clearly. Each task has a verbal instruction consisting of 2-3 words. When a child performs a task, you should praise for the success, but if the task is completed incorrectly, you need to react quietly. If the task or the developing ability of the child is new, you need to give assistance. Reduce your help every time you repeat a task. Training is based on promotion and award. The child must understand that he/she will receive an encouragement after completing the task.