Fine motor skills

What is a fine motor? These movements, which involve small muscles of the body (fingers, wrists, eyes), are especially important if we are to ensure that the child's language progresses smoothly. By activating the fingers pads, we encourage the development of the language, because the centers in them are related to the brain areas responsible for the language, and some finger and wrist movements relate to the perception of the environment, the brain's brain activity.

Aim - Educate children's small motor skills.

This tool is intended for the development of small motor skills: the selection of pins according to color and their clipping and detaching.

When performing small motor tasks, the child learns to attract attention, to know the colors, to count.

This tool is used in accordance with the ABA methodology. In order for a child to complete a task, you need to do the following steps:

1. Request "Show where the red pins are and attach them to the table".

2. If the child does not act - Repeat.

3. If the child does not act again - Prompt. You can show with your finger and attach the red pin. The child still does not do the action - perform an action with the child's hand.

4. After the child has done the action - Encourage.

Repeat steps until the child performs the task independently. Follow specific, brief instructions.









Buttoning

Aims: Developing the coordinated use of the thumb and the index (pinch grip).

Description: The pupil is invited to pay attention (eye-hand coordination) and to insert the button into the buttonhole.

Initially we help the child to understand the individual steps and then get to do the activity alone.

The action is repeated again and again supported also with verbal indications based on its level of understanding.





Fine motor skills development. Design

1. The child pays close attention to the figures.

2. Takes a figure and puts it to the appropriate place.

3. If the child has difficulties the teacher helps him to complete the task.

4. Builds every figure in to its place.













Cutting food. Fine motor skills development

Fine motor skills development - Homelife and equipment









Developing fine motor skills and sensory perceptions